

5 SAFEGUARDING FACTORS OF VULNERABILITY & RESILIENCE



Personal grievances such as unemployment, lack of career prospect, financial burden, drug/alcohol abuse, delinquency, personal tragedy

Support and guidance in difficult life events to overcome grievances, educational and career prospects, feelings of self-worth and valued by society



Lacking strong family ties and a positive role model, lack of belonging or distancing from wider peer group and the community, engaging in new secretive networks

Stable family environment, quality relationship with positive role model, supportive peer group



Confusion about personal identity, feelings of alienation and exclusion, experienced marginalisation or discrimination, susceptibility to following a crowd

Confidence in social identity, positive and meaningful social bonds, positive contributions to wider society and overall sense of integration and cohesion



Disappointment, frustration and resentment of wider society structure and values
Deep-rooted lack of trust in local authorities and Government
Support of conspiracy theories

Measured and reasonable judgement of current affairs
Willingness to positively engage and participate in community building



Experienced psychological distress/trauma, holds rigid binary thinking, severe anger/aggressiveness

Critical thinking, empathy and open-mindedness, tolerance of difference, self-reflection and regulation